



YMVA Newsletter

Website: www.hoggshollow.net

Membership Reminder

*By: Frank Bowman, YMVA President
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All Valley residents should have received a letter by mail regarding our annual membership drive. If you have not had a chance to drop off your membership cheque to the YMVA director responsible for your street, please do so today. Membership dues are \$50.00 and cheques should be made payable to the YMVA. We want to have all membership cheques in by **April 28**.

Membership proceeds go toward ensuring that the YMVA can speak with a strong voice at local government so we can keep our neighbourhood the great place to live that it is. Membership fees also facilitate communication in the Valley through mailings, the Newsletter and the web site. Fees also go towards various expenses of running the Association and towards Valley events.

As a YMVA member, you will receive a 2006 Valley Directory. Members can attend the annual meeting and receive the meeting information package ahead of time. Members may vote at the annual meeting.

Despite increasing expenses we have avoided increasing the membership dues. To avoid raising fees, we need to maximize participation. Please drop your cheque off today to your designated director! If you don't know who that is, give me a call at 367-6820. Thank you!

May, 2006
Vol 66, Issue 2

Inside this Issue:

**President's Message:
Membership Reminder**

**Traffic & Storm Water Management
Committee Update**

NAG Activities

Valley Clean Up

Japanese Beetle Infestation

Valley Crime Watch

Newsletter Notes

Valley Fair Flyer

YMVA 2006 Contact Information

YMVA Events At-A-Glance

*Editor: Leanne Lewis
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Traffic & Storm Water Management Committee Update

By: Norman Hardie, Committee Chair

Tel: 416-440-1631

With the arrival of spring, pedestrian and cycling activity on our streets is increasing. For the safety and comfort of Valley residents and visitors, all residents and their tradesmen are urged to observe the traffic guidelines and common courtesy. As a helpful reminder the City's "Watch Your Speed" trailer will again operate for a week in the Valley in July.

The advanced green at the intersection of York Mills Road and Yonge, if one is traveling west, has been installed and is operational. Hopefully this will eliminate some of the through traffic on Campbell Crescent.

The City has indicated that, if all goes as planned, sanitary sewer structural lining and water main lining throughout the Valley will commence this year. We will provide more updates as they become available.

City staff has advised that the preliminary design for Priority Area A of the storm water control and road reconstruction should be completed by the end of November. Prior to design details being finalized, the City will make a community presentation of the preliminary design and will consult with residents. The streets included in Priority Area A are Donino Court, part of Donino Avenue, part of Plymbridge Road, Forest Glen Crescent, Doncliff Drive and part of Campbell Crescent.

Many thanks to Councillor Cliff Jenkins who continues to keep us informed and advocates for us on these sensitive issues.

The printing of this newsletter was sponsored in part by Janine Sheeres

NAG Activities

By: NAG CoChairs

Susanne Holland (416) 485-2218

Michele Hopper (416) 932-9198 &

Priti Kawale (416) 483-2957

Bacchanal

**An Annual Valley Wine Tasting Event
Thursday, May 25 at 7 pm**



**Bacchus, his maenads and other revelers invite you to join the
Valley's Third Annual Wine Tasting Event on
Thursday, May 25 at 7 pm**

**Bacchanalian culinary decadence to be catered by executive chef Bruce Woods of
Centro, with a gourmet selection of appealing appetizers that will enhance the
varieties of Italian grape, and scintillate senses.**

**Three Wine Specialists will bestow doses of intellectual wisdom regarding various
Italian grape vintages that you will have the distinct pleasure of delighting in.**

**Our art historian will provide a visual Bacchanalian backdrop, a brief explanation
of revelry and the enlivening and deleterious effects of fermentation upon the body
as expressed in Italian art.**

All for \$80 per person.

Amidst the forest at: 89 Plymbridge Road

Call: Louise Sugar, 416-483-6614 or lsugar@sympatico.ca

This increasingly popular event fills quickly;

reservations will only be held

if payment is received.

Valley Garage Sale

Saturday, April 29th
9:00 am. – 12:00 pm.
Call: Lynn (416) 322-7918



It's been two years since our last community garage sale, so it is that time again! Out with your old and in with someone else's old if you choose. The perfect purge opportunity takes place in the Valley on Saturday, April 29th. This much anticipated event always attracts a large crowd. At the time of newsletter delivery it may be too late to get on the map. However, since there will be many folks scouting the Valley for good buys on the 29th you will likely get good traffic even if you are not on the map. If you do hold a sale on Saturday, we ask you to register with Lynn. There will be a small fee to help defray advertising costs.

Kid's Spring Fling & Picnic in the Park

Sunday, May 28th
11:00 – 1:00 pm. – in the playground park!
Call: Betty Kneis (416) 544-9418



A great way for you and your kids to enjoy the good weather! Come out and do some fun outdoor games and activities in the park with your children. We'll also be doing the posters for the Valley Fair! Bring a blanket and a picnic lunch and stay on to enjoy the company of your neighbours in our beautiful park.

NAG Pot-Luck Lunch

Tuesday, June 13th
12:00 pm. @ Chris Rosenthal's house
15 Knightswood Road
Call: Chanda (416) 489-4633



Let's enjoy a leisurely lunch before we scatter for the summer. This get-together is a lovely opportunity to share some delicious food and thank all volunteers who have helped with NAG activities throughout the year. Please don't be shy. Even if you weren't able to help out, we would still love it if you'd come to get to know everyone a little better. Come and bring something good to share! Please RSVP to Chanda and let her know what you will be bringing. Hope to see you there!

Thanks!



Our first KIDS GET INVOLVED event was truly a success!! Thank you to everyone that donated food. Having it ready when the kids came by to collect or by dropping it off at the Rosenthal's was a great help. Thanks to Chris and Joel for being such a great drop off point! Thanks to all those that helped the kids put in all together. All the team captains did a great job. And last but not least, a special "Thank You" to all the terrific kids that came out either to collect or the following week to sort at the North York Food Bank. You guys were fantastic and so very enthusiastic!! Good Work! Stay tuned for more information about a Fall KIDS GET INVOLVED event. And if anyone has any new ideas or would like to help out, call Susanne (416) 485-2218.

A neighbourhood Thank You also goes to Kelly for putting together such a great Skating Party. Weather being the way it was this last winter didn't let us use our Brookfield Rink. That didn't stop us though!! Many people came out and had a great time at the York Mills Arena. Thanks Kelly for her hard work and to those of you that came out.

It has been great to see some new faces in the neighbourhood and we appreciate the number of you that have gotten involved. We have had a great year and so many people have played a part in that. Thanks from the NAG for everyone's hard work.

JOBS! JOBS! JOBS!

Baby-sitting, Dog Walking, Lawn Mowing, etc.

Calling all teenagers! Do you want to earn extra money? Are you already doing odd jobs or baby-sitting and you need more clients? Are you a homeowner who needs to have some jobs done? If so, then this is the forum for you. Again, we are updating the Valley baby-sitting and odd jobs lists.

If you are interested in providing a service, please drop off a note (with your name, address, phone and job(s) you are interested in doing) to Jan Kosick at 27 Donwoods Drive or call her at (416) 481-9799. She will put together a secure phone list for people to phone when they are looking for some extra help. The lists will not be published and Jan will keep them private, giving out names to valley residents only.



Valley Clean Up

By: Christine Acconcia, Environment Committee



Even though it was a drizzly day, about 20 folks come out to fill yellow garbage bags on April 22nd. This was an awesome turn out given the weather and we thank them from the bottom of our hearts. Let's pray for better weather next year!

Japanese Beetle Infestation

By: Leanne Lewis



Throughout the Valley, gardens are being plagued by Japanese Beetles. These Beetles are approximately ½" long, brown with a green iridescence. From mid-June to mid-August, they feast on Roses, Japanese Maples, Astilbe, Rose of Sharon, and many other plants and shrubs. The Beetle grubs eat grass roots and kill lawns. To best manage this scourge, it will take a coordinated effort by those affected. If you would like more information or would like to discuss possible solutions, please call Leanne Lewis at 416-485-0959.

The following website offers images and information about the Japanese Beetle:

<http://www.agf.gov.bc.ca/cropprot/jbeetle.htm>

Valley Crime Watch

By: Penny O'Rourke

On October 2 between 11:30am and 1:10pm a house on Knightswood Road was broken into. The home was entered through the rear patio door. Two bedrooms were ransacked. It is unknown whether anything was taken.

On or about November 12, a house on Donwoods Drive was broken into. Access was gained by prying open a kitchen window. An alarm was installed but not activated. Jewellery and cash were stolen.

On January 14 at approximately 8:00pm, a home on Campbell Crescent was broken into. A side window was smashed with a rock to gain entry. Electronics and personal items were taken.

On February 11th, a home on Plymbridge Crescent was broken into. The suspect smashed the rear patio door which set off an audible alarm. It is not known whether anything was stolen.

In late February/early March, a home on St. Margaret's Drive was broken into. There were no signs of forced entry. However, various contractors that had been working on the home knew codes and had had access to keys. Tires, tools and other contents were stolen.

In mid March, an armed home invasion took place at approximately 4:30am on Old Yonge. The owners were tied and held at gunpoint while the home was ransacked for valuables. Cash, jewellery, small electronics and a car were stolen.

Safety Tips:

Secure all doors and windows. There are pins and devices which can be installed into doors and windows to prevent their removal. Also, an invisible film can be installed on windows to limit the ability of intruders to break them.

Be cautious when giving spare keys and access codes to trades. Consider changing locks and codes at the conclusion of renovation work.

Use your home alarm. Sixty Five per cent of all homeowner's with alarm systems do not regularly turn them on.

Although we do not endorse any particular companies or information sources, www.crimedoctor.com (from a California based company) is an interesting web site with some good food for thought. It provides wide ranging advice on how to avoid becoming a victim of crime and tips on what to do if you find yourself faced with a criminal.

Newsletter Notes:

One of the most important communication tools our association has are its regular newsletters. With the world going increasingly electronic, neighbours tell us they appreciate the old fashioned, personal feel of a hand delivered newsletter. In order to maintain this service we need volunteers to help with delivery. Whether you are able to deliver newsletters once a year or you are available to deliver every issue, it is a small time commitment (typically less than 1 hour per issue) and it is a lovely opportunity to stroll through a section of the Valley. To join the team, please contact Christine Melling-Gibson at 322-6042.

Have a Safe and Enjoyable Spring and Summer!



Valley Fair Olympics

Saturday, June 3rd,

2006



On your mark...Get set...Go!

We are calling all valley residents to participate in the Olympics being held on June 3rd at Brookfield Park. Streets have been put into teams as outlined below, so start thinking of how to best represent your country.

- St. Margaret's and Knightswood are **China**
- Campbell, Brookfield, Old Yonge, Hedgewood and Plymbridge Crescent are **Greece**
- Donwoods Rd (flat part), Winton and Donwoods Grove are **Italy**
- Donwoods Hill, Ivor, Scotch Elmway, Cole Millway, Donino Court and Donino Rd are **Mexico**
- Plymbridge Rd, Green Valley, York Valley and May Tree are **France**

- Doncliffe Place, Doncliffe Drive and Forest Glen are **Brazil**



“How’s your community spirit?”

Please volunteer a half hour of your time on June 3rd to help make this another great Valley Fair. Teenagers welcome!

We need lots of volunteers, so don’t be shy....volunteer your time.

Call Chris Rosenthal at 482-6666 to sign-up today.

Back by popular demand! The Bake Sale!



Please drop baked goods off at the bake table at the fair at 2:00pm.

Contact Sherry D’Costa at sdcosta@rogers.com if you have any questions or to tell her what you are baking.

Join the Parade!

Get those flags waving and those floats built for this year’s parade!

Help us march in the competing countries, just like in Italy last month. Contact Laura Lamarche at 322-8026 for more details on the parade.



Valley Olympics

Schedule for Saturday, June 3rd, 2006

10:00 5K Marathon All you runners, come out and strut your stuff! This race will be run in street teams with cumulative scores tallied at the end. (See details and map on the following page)

11:00 Fun Run & Walk Run or walk through the Valley: strollers, roller blades and bikes; all are welcome! (Details and map on the next page)

2:00 Parade Begins (See map on previous page)

3:00 Midway Opens
Includes a Dunk Tank, an inflatable, Pony Rides and Carnival Games. Everyone goes home with a prize!

Bake Sale and Snack Table opens

Silent Auction opens

4:30 Midway Closes

Silent Auction closes

4:30 Sports and Games (all ages)
Continue the competition in the Annual Hogg's Hollow Olympics, followed by the always popular North vs. South Tug-of-War!

Silent Auction winners announced

6:00 Kid's Dinner (see enclosed information)
Cocktails – B.Y.O.B.

6:30 Adult's Dinner (see enclosed information)
DJ/Kid's Entertainment

7:30 Live Auction

Dark Fireworks!





Fun Run & Walk



Come one, come all, whether big or small. Walk your dog, push a stroller, skateboard, rollerblade, walk or run. Meet at Brookfield Park at 11 o'clock for a fun family walk around the neighborhood block. Whether you are first or last to cross the finish line, everyone gets a treat for coming out!

Questions? Call Jill Haythornthwaite 544-9907 or Pugs Morrison 488-6268

5K Run Map



Questions? Call Katie McLean 480-2726 or Perry Lupyrypa 480-1140
(See last page of Valley Fair flyer for more details)

International Dinner of Champions!



Italy

Crusty Italian Bread, Rolls & Butter (KF)
Caesar Salad (KF)
Grilled Marinated Vegetable Antipasto Platter
Penne with a Tomato Basil Sauce (KF)

Greece

Traditional Greek Salad (KF)
Lamb Souvlaki on a Pita, Tzatziki, Tomatoes and Onions
Baklava



Mexico

Corn Chips with Salsa (KF)
Chicken Fajitas with Peppers, Onions, Guacamole, Salsa, Sour Cream,
Monterey Jack Cheese, Lettuce, Onions, Tomatoes and Hot Peppers (KF)

China

Oriental Coleslaw
Shrimp and Vegetable Teriyaki Stir-fry (KF)
Lo Mein Noodles



France

An Assortment of French Cheeses with Fresh Fruit, Baguettes and Crackers

Brazil

Churrasco BBQ'd Beef
Black Beans and Rice



A complete Dessert Bar will be generously provided by
The Miller Tavern.

Adult ticket price: \$40.00

Child ticket price: \$8:00

(KF) = kid friendly items



Dinner Ticket Order Form

Name: _____ Phone: _____

Address: _____

_____ X \$40 (\$43 after May 26) = \$ _____
(Number of Adult Tickets)

_____ X \$8 (12 and under) = \$ _____
(Number of Children's Tickets)

Total = \$ _____

Please drop this form off at #14 Knightswood Road with a cheque payable to "York Mills Valley Neighborhood Activities Group". Tickets will be available for pick up on Saturday, June 3rd at the Welcome Table which is situated at the entrance to Brookfield Park.

NOTE: We are limiting ticket sales to no later than June 1st. There will be **NO** dinner tickets sold the day of the Fair.



Kick Start the Valley Olympics with the 5 Km Opening Event!!!

If you are a novice runner, or have “seasoned legs” and want to represent your Country (street), this is the perfect way to spend a Saturday Morning. On June 3rd at 10:00 am, come on down to Brookfield Park to be part of the Opening Event for the Valley Olympics 2006.

We have a beautiful and gentle course throughout the Valley, with a water station near the mid-point. Olympic points will be awarded to all participants, with Winners and Finalists earning extra points.

If you want to share the fun with a family member or friend, we’ve got that covered, as we invite relay teams of 2, as well as individuals to take part in this race. A registration form is attached.

If you are looking for a great beginner 21 day training plan, please post this on your bulletin board, put your runners on and watch your progress. You’ll be ready for race day!!!!

21 DAY GET READY FOR THE VALLEY OLYMPICS TRAINING PLAN

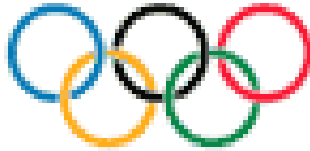
This is a general beginner training program for a 5 km race. The program is designed to get you started but it can also be reused over and over. When the 3 weeks are up, you simply repeat the program again. Remember that training programs give you the general guidelines - feel free to modify and accommodate to your own needs and preferences. Don't be afraid to take some time off if the training makes you feel very tired.

Day	Session	Type
1	25 min Easy run/walk (Run 5 min, walk 1, repeat until 25 min)	Easy
2	Cross-training (swimming, biking, gym or short easy jog, alt. day off)	Recovery
3	30 min Easy run/walk (Run 6 min, walk 1, repeat until 30 min)	Easy
4	35 min walking??	Easy
5	Cross-training (swim, bike, gym or short easy jog, alt. day off)?	Recovery
6	25 min Easy run (Run 6 min, walk 1, repeat until 25 min)	Easy
7	20 min walking	Easy
8	Fartlek. Run quick for 30 - 45 seconds, walk for 1 minute - repeat 6-8 times.	Medium
9	Cross-training (swimming, biking, gym or short easy jog, alt. day off)	Recovery
10	30 min Easy run (Run 8 min, walk 1, repeat until 30 min)	Easy
11	40 min walking	Easy
12	Fartlek. Run quick for 30 - 45 seconds, walk for 1 min - repeat 8-10 x	Medium
13	Cross-training (swimming, biking, gym or short easy jog, alt. day off)	Recovery
14	40 min Easy run/walk (Run 8 min, walk 1, repeat until 40 min)	Easy
15	50 min walking???	Easy
16	Cross-training (swimming, biking, gym or short easy jog, alt. day off)	Recovery
17	Fartlek. 1 min hard + 2 min walk - repeat 6-8 times	Hard
18	20 min Easy run/walk (run 10 min, walk 1- repeat twice)	Easy
19	Tempo Run. 15 min at a steady, faster than usual pace.	Hard
20	Cross-training (swimming, biking, gym or short easy jog, alt. day off)	Recovery
21	Race – Run 10 min, walk 1	Race

The plan is to get representation from each street for the race itself and make this a 'team' event. Going with the Olympic theme of the day, there will be an Olympic torch to carry throughout the Valley to signify the start of the day.

One torch will start off at the end of Knightswood and another at the end of Green Valley. These torches will travel through the Valley, being passed from runner to runner, until they reach Brookfield Park. With spectators following the torches, everyone will be at the park where the main torch will be lit and the games will begin.

Watch the notice boards for further details about
this exciting day!
See you all at the Olympics!



VALLEY 5 KM REGISTRATION FORM.....

Please fill out this registration form and drop it off at 51 Donwoods Drive by May 27th and we will deliver your race bib # by June 1st.

Name _____ Relay _____ Individual _____

Address _____ Phone # _____

If Relay, Name of Partner _____

If Relay, Team Name _____